



Takeaways

A newsletter by RICE



Tired.

It's a week of fatigue. Yes, the weather and the news can pile on to make that feeling oppressive, but the ways we feel sapped manifest within this week's slate of stories.

For one, some Singaporean artists are beginning to feel tired over the songs they can and cannot sing. For those who count themselves fans, they're exhausted over the lack of expression that goes beyond performers.

There's the tiredness that becomes all-encompassing—a state of the body that some are required to work with in order to function. There's the tiredness that comes with fighting our struggles, especially when we feel on the verge of collapsing.

On the other hand, two stories exemplify how unfailing optimism can supersede tiredness: we speak to a Ukrainian who's taken it upon himself to advocate for his homeland's cuisine here, despite it having little exposure in Singapore. He's tired of people overlooking the food that he grew up with, but he's eager to change perceptions and encourage people to try something new.

There are also the perspectives of young Singaporeans who, despite the demands of their daily lives, are dead set on building a family of their own. In a country where

daily necessities are getting costlier, they're simply fighting for a dream where tiredness will be part of its lifestyle. To them, however, it's worth it.

*P.S. We've also learnt some of you found your way here through your friends. If you haven't already, **subscribe** to our weekly newsletter today!*

*If you like our content and our vibes, consider being a **RICE Media patron** to support the work we do.*

A Queer Case



An interesting clash between two unlikely entities happened over the past week: TODAY and the National Arts Council (NAC).

What originated as a tussle over whether the NAC CEO had opined on queer art or not instead became a conversation—exploring what it means when art that alludes to a love less heteronormative is restricted. Our associate editor Kimberly Lim dives into this and more.

**When Queer Art Isn't Fit for
Singapore's General Public
Consumption**

Low Power Mode

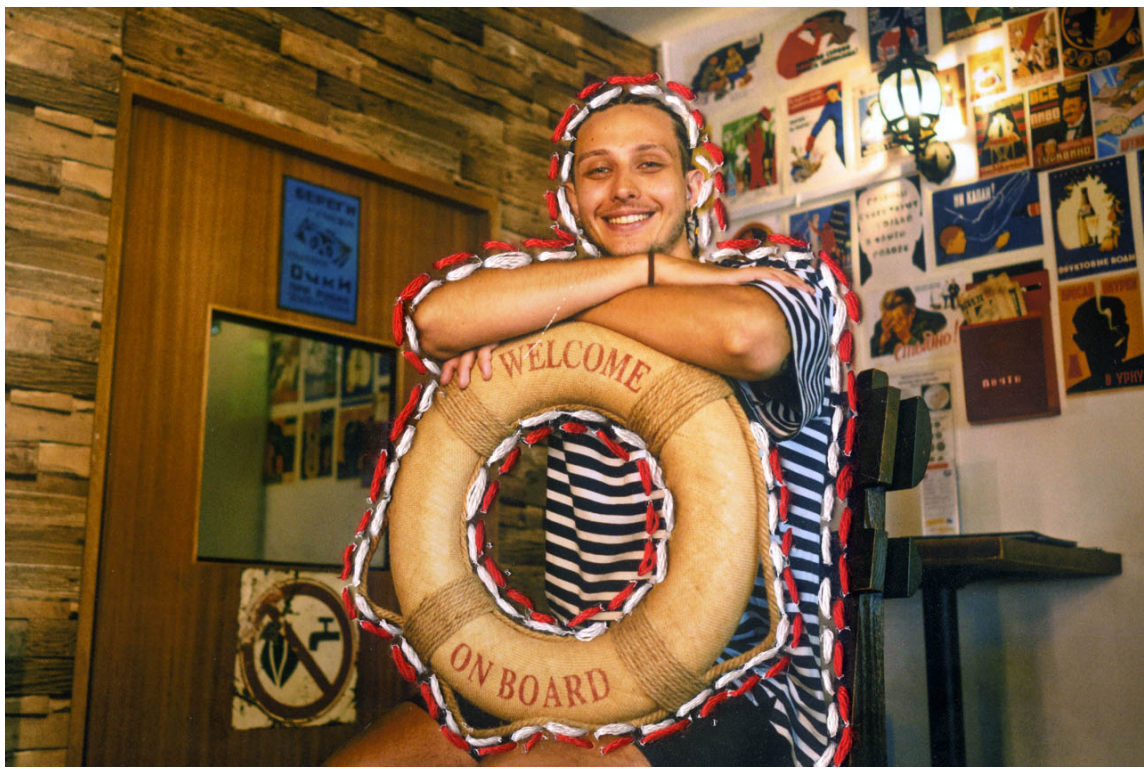


Yes, everyone has the ability to feel exhausted. Even as mental health awareness continues to be accepted in the mainstream—and more on that later—it's frustrating for some who can't escape from its clutches.

To many, exhaustion is a short phase that a night's sleep or two will fix. For some, it's the only mode their bodies can operate under.

**Chronic Fatigue Chronicles:
Living a Life on Permanently
Low Batteries**

A Different Kind of Dumpling



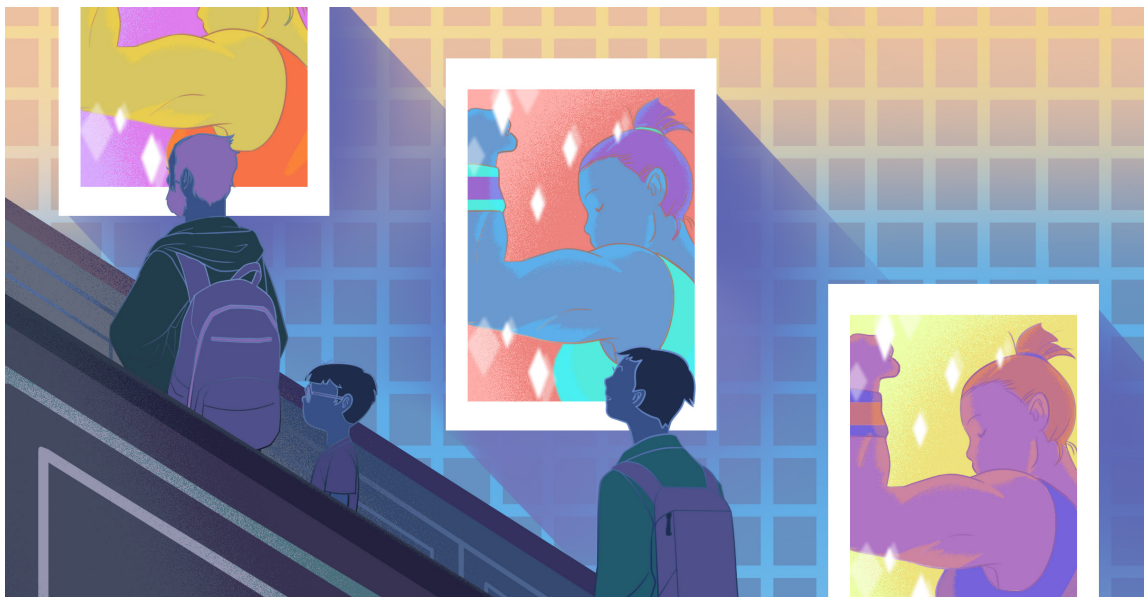
Alongside his family, Mark Zubovskyy steers the operations of Kapitan, a restaurant in the CBD that specializes in Eastern European cuisine.

Kapitan may not be navigating choppy waters—although, as an F&B establishment in Singapore, that isn't a guarantee—but Mark has been an outspoken proponent for our local cuisine to embrace greater diversity.

We say yes, if not for the only reason that we've yet to have more restaurants in Singapore offering true-blue African cuisine. Anyone who's gone overseas to eat Ethiopian food, for one, will tell you there's nothing like it. Despite our boasting about Singapore's food scene, there's much more to be done.

**From Ukraine to Maxwell:
An Immigrant's Dream for
Singaporeans to Love Slavic
Food**

The Strength of Support



Part of mental health awareness' success in spreading across social media is normalizing empathy—towards yourself and others.

The baseline for empathy is using the right words to convey your sincerity. And yet, that's the conundrum of human communication—words can fall into the knotty contexts of each of our individual lives. They can be received differently, no matter our intentions.

For these people, it has been about learning to decode language and gestures amidst their own unspeakable struggles—and part of that process requires resilience.

**What Does It Really Mean to
'Stay Strong'?**

Choose: DINK or Da Baby?



Would you want a 'double income, no kids' life? Or a life with 'goo-goo-ga-ga'?

National data has shown a recent decline in our annual birth rate, hinting at lesser interests among millennials in being parents. For these young Singaporeans, however, they intend to build a family of their own down the road. They tell us why.

**The Singaporeans Who
Actually Want Children**



A **LIVE** Podcast Session

“The many upside and downside of side hustling, and is it really the answer to financial freedom?”

DATE : 14th October 2023
TIME : 6pm
VENUE : 60 Arab Street,
Samsung FlipSide Market, Level 2

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VENUE



SCAN TO REGISTER



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SPEAKERS



Clarissa, TOWTOW
Speaker



Sara Wee, Content Creator
Speaker



Daniel Peters, RICE
Speaker



Reggie, The Financial Coconut
Moderator

Daniel Peters, RICE Media's Branded Content Editor, will take part in a live podcast session by **Prudential**, speaking at length about the upsides and downsides of side hustling alongside Tow Tow's **Clarissa Kang** and content creator **Sara Wee**.

The session will be hosted by The Financial Coconut's **Reggie**, so come down to **60 Arab St** next Sat, **14 Oct**, at **6pm** for an enlightening conversation!

RSVP [here](#).

Short Grains, or *piping-hot topics by the spoonful*.

- Dyed hair, don't care: these aunties rock the colour purple, and [they tell us why](#).
- Amidst the horror happening in Palestine, the Red Cross has warned that the country's compromised access to electricity will result in "[hospitals turning into morgues](#)". (via BBC)
- The Monetary Authority of Singapore expects Singapore's economy to "[improve gradually](#)" next year. (via CNA)

- Film veteran Martin Scorsese's upcoming release *Killers of the Flower Moon* unearths a disturbing reality of Native American history. [Here's how](#) its portrayal in the film was rendered after building "crucial trust" with the Native American community. (via *The Guardian*)
 - NParks' decision to euthanise a 3m-long crocodile at East Coast Park over public safety has been [met with a response by Acres](#), who call for better treatment of such wildlife creatures. (via *Mothership*)
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Over time, the qualifications needed for certain jobs have changed. While some jobs may not require degrees together, some still do. The question is: does it matter where that degree came from?

**Local vs Private Degree in
Singapore: Does it Matter?**

We like to go out! We also hate our weather.

But as much as our team is full of contradictions, we simply can't go by our weekend without checking out some things. If you're still deciding on where to go, let us highlight some unmissable events for you:

1. The hippest pasar malam is happening in town, even if it's "[unofficial](#)".
2. The works of cult Japanese filmmaker Seijun Suzuki—full of whimsy and savagery, in equal doses—are currently being screened at [Asian Film Archive](#) this month.
3. Fan of Funko Pops? This Saturday, a special Fall Convention 2023 event will take place at Changi Airport's Terminal 3, where exclusive figurines in limited batches will launch for the public. [Queue early](#).
4. Home decor haven [HOOGA](#) has announced a storewide sale across their outlets in Singapore.
5. Japan's high-speed rails have themselves become an attraction over the years. This weekend, head to the [Japan Rail Fair 2023](#), where you can plan your next visit to the country and hop aboard these transportation marvels.

Rice Media Pte. Ltd.

27a Ann Siang Road, Singapore 069707, 069707, Singapore

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