



Takeaways

A newsletter by RICE



Don't ride shotgun

You should be in the driver's seat of your own life. We hope this week's stories will invigorate you—a tale of seniors who've never lost hope in finding love, and an honest discussion about what it means to love a critically ill parent.

Our mortality might be a depressing thought, but the finite nature of life also gives value to all things. If you ask Carla Siaco, death is not a full stop, because she and her husband found a way to keep their love burning bright even after his passing.

In moments of deep despair, we might let depression and anxiety take root, or we can take a page from these inspiring individuals' books, and embrace the opportunities before us. Endless possibilities lie ahead of each of us, it's just a matter of outlook.

Take control, seize the day, or as the kids might say, “Do it for the plot”.

*P.S. We've also learnt some of you found your way here through your friends. If you haven't already, **subscribe** to our weekly newsletter today!*

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Silver foxes arising



In a digital age where dating apps have become the norm, Gen Xers are rewriting the rules of romance. It's not just about finding love—it's about finding it on their terms.

**Hot (Senior) Singles in Your Area:
Meet the Aunties and Uncles on
Dating Apps**

In sickness and in health



Caring for a critically ill spouse is difficult, and when a couple come from different cultures and has a newborn in tow, it's exasperating.

This couple quickly discovered how palliative care provides comfort, not just for the patient, but for all parties involved.

**In Sickness and in Health: A
Love Tested by Terminal Illness
and Cultural Differences**

There's no space for guilt here



We all wish to be filial children who tend to our parents as they age. But in the face of life-limiting illnesses, external help might be necessary. How can we combat the guilt of engaging in palliative care for our loved ones?

When Filial Piety Gets in the Way of Caring for Our Parents

I hate to love you



Local tech brands have taken the market by storm with their affordable prices, but this popularity hasn't come without complaints. From questionable marketing to relying on Original Equipment Manufacturers (OEMs), where is the 'local' in support local?

Can We Be Proud of Our Local Tech Brands, OEMs and All?

Bridging



Sometimes the best way to get out of the rat race is to stop running. For those of us who just need a short break to re-centre ourselves, bridge jobs may be what we need.

Bridge Jobs: The New Corporate Gap Year in the Age of Burnout

Short Grains, or *piping-hot topics by the spoonful.*

- Feeling hot? You're not alone. This week saw the world register its hottest day on record not once, but twice. (via *Straits Times*)
 - Relish in a moment of national pride as Singapore reclaims its title as the country with the world's most powerful passport. (via *Straits Times*)
 - Good news for Easties—the new Pasir Ris mall will have a polyclinic and a bus interchange by the end of 2024 and 2025 respectively. (via *Straits Times*)
 - Goodbyes are hard, especially when it's a childhood icon like Noriko Ohara, the Japanese voice actress who voiced Nobita from Doraemon, who passed at age 88. (via *CNA*)
 - Catch a whiff of this neighbourhood horror story, where one resident uses chicken manure as fertiliser for his plants. (via *AsiaOne*)
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Investing? In this economy? Tune in as The Weeblings share their experience navigating financial woes as young Singaporeans.

X, Y, Z, Which Generation is Better with Money?

We like to go out! We also hate our weather.

But as much as our team is full of contradictions, we simply can't go by our

weekend without checking out some things. If you're still deciding on where to go, let us highlight some unmissable events for you:

- An unforgettable night of indie dance tunes and melodic techno awaits at [CIEL: SENSE EP3](#), which will feature international acts Geminis and Darin Epsilon. Experience this sensory odyssey of enchanting melodies and mind-bending visuals, which will take place across two stages.
- Don't miss the [Un.bound: Poetry Festival Singapore 2024](#), a treat for poets and poetry enthusiasts that fetes the creativity of both local and international artists.
- Back for a second edition, [35A Art Market](#) brings together clothes, books, art, wines, live music and more in one lively marketplace. Let your inner hipster out for a day and shop till you drop!
- Designed to empower Malay-Muslim men and their allies, and advocate for their well-being, [Are You OK, Bro? 2.0](#) is a panel discussion and workshop where experts and advocates will share powerful anecdotes about mental health.
- [Satay Sessions](#) returns with volume two. Indulge in satay and homemade dry mee siam at this gregarious gathering, where homegrown musicians will be dishing out tasty beats.

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