



Takeaways

A newsletter by RICE



Follow our footsteps, but avoid the potholes.

Driving past districts where we grew up might evoke memories of our wind-kissed hair on boisterous bike rides, the taste of haw flakes, and the chaos of playing void deck football while making up the rules along the way. During those carefree years, every day was a promise of adventure, and unfettered dreams were as limitless as the sky. And we'd like our children to relish these joys too.

Now that we are the decision-makers for our youths, we can't help but wonder: Are there better ways to approach our children's learning journeys and help them with their burdens and confusion? Sometimes, we even struggle to remind them that we love them. At the same time, they persevere to speak our language.

We'd like to shield our young from the harsh realities of life, but if we hold these delicate flowers too tightly, they might not grow strong and resilient. After all, what we really want is for them to be able to make happy memories like we did.

*P.S. We've also learnt some of you found your way here through your friends. If you haven't already, **subscribe** to our weekly newsletter today!*

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Copium



For many Singaporean Gen Zs, growing up feels so much heavier now. They unpack how their shaky sense of self and the pressures of thriving in a world that seems doomed drives them to cope—sometimes in risky ways they’d rather not admit.

The Art of Coping: What Gen Z Students Get Up To to Get By

Ancestral speak



We often joke about being 'bananas' or 'jiak kentang,' but the loss of our ancestors' languages is no laughing matter. In a time when many are eager to shed culture and tradition, these Singaporeans are reclaiming their identities by relearning their mother tongues.

The Perks of Relearning Your Own Mother Tongue

Class of their own



What's holding Singaporean kids back from unleashing their full creative potential? They simply need a little more breathing space to think, create, and grow, argues writer and author Neil Humphreys.

**Why Singaporean Students Will
Be Better Creators With Fewer
Exams and Smaller Classes**

You don't say



Asian parents don't really say "I love you" to their kids. Instead, it simmers in the sound of home-cooked meals or the good morning messages they forward in family group chats. How did we learn to recognise our parents' love language?

**Singaporeans Share What Their
Parents Do Instead of Saying 'I
Love You'**

Dreams of motherhood



Starting a family is important enough for Cally and her wife, Ching, to go to lengths to legitimise their child in a nation that has yet to recognise same-sex couples.

**Family First: A Lesbian Couple's
Singaporean Dream for
Legitimacy With a Biological
Child**

**Short Grains, or *piping-hot*
*topics by the spoonful.***

- During his visit to Singapore, Pope Francis urged for fair treatment of migrant workers. (via *Reuters*)
 - Don't be alarmed when SCDF sounds an islandwide warning siren on Sunday. (via *Straits Times*)
 - Immigrants in Ohio have been eating pet animals, according to US presidential candidate Donald Trump. Don't believe him. (via *Straits Times*)
 - Our neighbouring countries have been badly affected by Typhoon Yagi and here's how to help. (via *Center for Disaster Philanthropy*)
 - Boyzone main man Ronan Keating is coming to perform at the President's Challenge Night 2024. (via CNA)
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What do we really need in our toughest times?

As Alayna and Belinda grappled with their struggles, their reassuring confidantes were vital sources of solace and support. Experience the power of empathy as it unfolds through thoughtful gestures, compassionate words, and unwavering sincerity.

The Power Of Empathy | Alt Ctrl Health

We like to go out! We also hate our weather.

But as much as our team is full of contradictions, we simply can't go by our weekend without checking out some things. If you're still deciding on where to go, let us highlight some unmissable events for you:

- Calling all elder emos: [Red Jumpsuit Apparatus](#) is performing at *Scape this weekend!
- If you haven't caught [Dive by Wild Rice](#) yet, cop your tickets to embark on an intimate stroll through love's seldom-discussed issues.
- Hear your favourite *Final Fantasy VII* tunes played by the Singapore Metropolitan Festival Orchestra at the [Final Fantasy VII Rebirth Orchestra World Tour](#).
- For a memorable Mid-Autumn experience, head to [Lights by the Lake](#) at Jurong Lake Gardens to indulge in an array of mooncakes and musical entertainment.
- Cinephiles will love the [MINDS Film Festival](#), which comprises several heart-warming films that shine the spotlight on special needs and inclusivity.

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